

Enjoyment

Freedom

Nancy has been a licensed massage therapist since 1976 and a certified Trager[®] Practitioner for 30 years. She holds a BS in Psychology and an AS in Biology and Physics. Her ongoing studies in health, well-being, and metaphysics bring her fulfillment which is expressed in her life and in her work with clients.

A master of the mind-body connection, she uses breath, imagination, intuition, energetic perception, receptivity and compassion to connect with her clients and help them dissolve physical, emotional, mental, and energetic patterns that bring pain, stress and dissatisfaction in life.

Your reason for booking a session could be as simple as learning how to relax, or as complex as a chronic illness—she has the knowledge and skill to help.



A Full Heart[®]



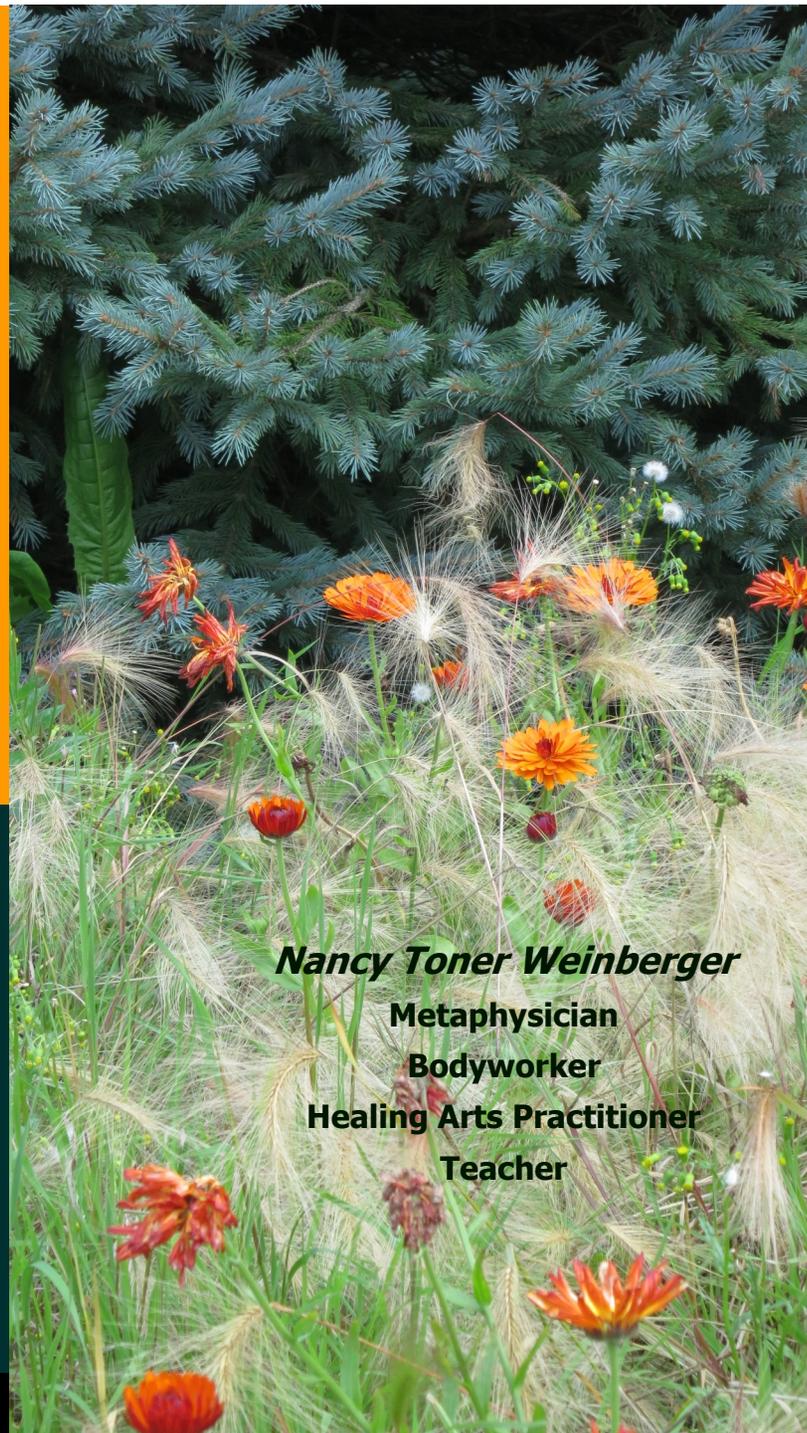
DYNAMIC EQUILIBRIUM

Nancy Toner Weinberger, LMBT # 2986
Teacher & Practitioner

Therapeutic Massage Offices
6330 Falls of the Neuse, Suite 102
Raleigh, NC 27615
919-618-2232

Home Office
309 Oakwood Court
Youngsville, NC, 27596
919-562-1548

weinberger@mindspring.com
www.DynamicEquilibrium.com



Nancy Toner Weinberger
Metaphysician
Bodyworker
Healing Arts Practitioner
Teacher

Relax

Go with the Flow



Your personal investment:

- 45 minutes or less: \$75
- One hour: \$100
- One and a quarter hour: \$125
- One and a half hour: \$150
- Up to two hours: \$200 (non-hands on work only)

Self Worth

Special Pricing for Transitions Breathwork: Series of 10 sessions: \$1,500. (must be paid in full by the end of the second session—save \$500, but NO REFUNDS for any reason, period!)

Appointments available on Monday, Thursday, and some Saturday mornings. To make an appointment call 919-618-2232.

Cancellation policy: 24 hour notice required or you must pay half the cost of the time booked. One exception is allowed per year.

Freedom Bodywork®

Restrictions and patterns of tension in the body melt away through a process of attention, receptivity, and the discovery of pleasurable sensation in the body. Rocking, shimmers, compressions and more are all orchestrated to bring a delicious and lasting sense of freedom and wholeness. Client wears full coverage underwear, bathing suit, or may be more fully clothed if preferred. Most of the session takes place on the massage table, but movement awareness in standing position is usually also included. Standard session— 1 1/4 hour.

Bindegewebsmassage

This structured medical massage protocol from Germany is particularly useful for difficult to treat conditions, including most inflammatory conditions, adhesions, menstrual problems, frozen shoulder, blood pressure, migraines, sinus conditions, et Al. Treatments engage the reflexes of the connective tissue and the autonomic nervous system to bring on powerful healing responses in the body. All treatments begin at the sacrum, with the client in a seated position; the client wears underwear and a hospital gown. Sessions need to be at least twice a week when beginning a treatment series and are of graduated time lengths. The number of sessions is determined by the physical problem to be addressed and the client's tolerance of the work.

Dynamic Energy Balancing®

Dynamic Energy Balancing® is a technique for working with the aura, the non-physical source of the organizational pattern of every human being. Done hands-off or with a light touch, the client wears street clothes and may sit or lie on a massage table. Standard session – 3/4 hour.

- ♥ Relief from pain.
- ♥ Relief from stress.
- ♥ Assistance managing your chronic health condition.
- ♥ An opportunity to embrace a lifestyle that brings happiness, vitality and longevity.
- ♥ Patience and persistence produce results that last.

Transitions Breathwork

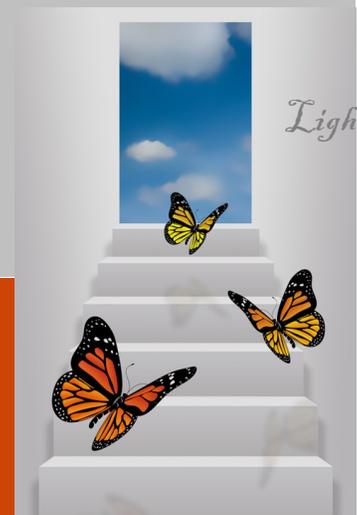
Circular breathing dissolves unwanted life patterns rooted in the past that affect your life now. Resolve birth trauma, childhood issues, negative beliefs, to gain health, prosperity, longevity, and more. Transitions Breathwork may be used as an adjunct to psychotherapy, or on its own. It is particularly helpful during life transitions. Individual breathing sessions are usually done in a series of 10 sessions, 1 to 2 weeks apart, so that life changes can be integrated. After 4 sessions the client may rebirth in a hot tub for added intensity. A typical session is about 2 hours in length, including time for talking, listening, the breathing itself (an hour or more), and grounding. The presence of the Breathworker and the nature of the breathwork process itself, create an experience that is nurturing and 100% safe.

WaterWorks

Working in water can be effective in ways that normal gravity does not allow. We can experience lightness and freedom. We came into this life from an aqueous environment and can find memories of peace in the water. Call for more information. Heated pool at the Youngsville home office and pool work available at Rex Wellness, Wakefield.

Visit DynamicEquilibrium.com

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Classes
Tutorials
Consulting**



Lighter

Peace