

Dynamic Energy Balancing Learning Outcomes:

At the conclusion of the course the successful student will:

- Perceive the human energy field.
- Effectively perform five steps included in a standard treatment.
- Describe the relationship of color and imagery to the healing process and how to use color and imagery in an energy work session.
- Appropriately choose, describe and use at least 4 standard treatment approaches in an energy work session.
- Demonstrate a basic understanding of the energetic interrelationship of spirit, mind, emotion, and body in regard to health by describing their assessment and treatment process on a human body in terms of the principles of *Dynamic Energy Balancing*.
- Demonstrate clarity, confidence, and enhanced professionalism, in your energetic interactions with clients.

Syllabus:

Day 1

Opening Circle: Introductions

Slideshow

Energy work exchange

Review of technique

 The first step in treatment: Centering

 Sensing the human energy field

 The second step in treatment: calming the field

Supervised Practice

Dynamic Energy Balancing Theory Lecture

Using Ritual: setting intention; creating boundaries;

Space protection ritual "room chakra"

Learning to visualize color

Principle of resonance

Trade with color imagery

Layne Redmond Drumming/Chakra meditation

Full Energy Work Protocol

Practice

Day 2

Check-in-

Self care exercise with color

Room clearing rituals- rattles and bells, sage clearing, Epsom salts with alcohol

Complete DEB Emotional Body and Personality lecture; DEB Body Map

Meditation- calling in your guides, meeting higher self

Building Imagery for healing

Treatment using color and imagery- Demo &Practice

Complete DEB Body map lecture; effect of drugs

Discuss application of Dynamic Energy Balancing theory

Treatment approaches, continued: balancing, temperature, under-energy, over-energy, spikes, blocks, leaks, directional spikes, conduit work

Day 3

Check in-

Guides- Meditation

Supervised Student Practice- Full session

Lecture- Functions of Thought (Dynamic Energy Balancing theory)

Assessing/Treating with and without a medical diagnosis-

Pendulum use

Supervised Practice

Relationships and the energy field (Dynamic Energy Balancing theory)

Intro to the DEB realms- Putting it all together- lecture with Q&A-

Guided meditation- revisiting the guides, creating a healing sanctuary

Final trade-

Closing Circle

(Distribute certificates and evaluation forms)